

SERIAL No. 10/033,788

Amdt. dated November 3, 2003

Reply to Office Action of August 13, 2003

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Amendments to the Specification

Please replace the first full paragraph on page 5, lines 2- 13, with the following amended paragraph:

On the lower horizontally disposed portion **21** of the platform **1** is a surface adapted to receive the conventional computer keyboard **3** (some of whose keys are shown) and its associated mouse pad and mouse **23**. It should be noted that the above components are given merely for illustrational purposes, and other components such as, but not limited to, a trackball could also be used by the user to access the Internet ~~internet~~. The computer keyboard **3** is operatively connected to the CPU (central processing unit) via cable **25** and the CPU is connected to the Internet via a telephone line or the like. Since these components are conventional, no description is necessary or will be given. Thus, a user of the computer, using the keyboard **3**, may have access to the Internet while the treadmill foot pad **11** rotates to provide exercise for the user.